

CLAUDIA W. SCOTT MS, RD, LD, CDE

University of Houston
Department of Health and Human Performance
3875 Holman Street, Garrison Room 104
Houston, TX 77204-6015
Telephone: (713) 743-4025
Email: cwscott@uh.edu

EDUCATION

Dietetic Internship, Veteran's Affairs Medical Center, Houston, TX	2002-2003
M.S. in Nutrition, Texas Woman's University, Houston, TX	2002-2003
B.S. in Human Nutrition and Foods, University of Houston, Houston, TX	1998-2002

PROFESSIONAL CERTIFICATIONS

Registered Dietitian Commission on Dietetic Registration	2004-present
Licensed Dietitian Texas State Board of Examiners of Dietitians	2004-present
Certified Diabetes Educator National Certification Board of Diabetes Educators	2011-present
Certified Spanish Language Translator and Interpreter MasterWord Services	2013-present

GRANTS

Co-Investigator USDA NIFA Research and Extension Experiential Learning for Undergraduate (REEU) Fellowships Program (DC: \$281,475; IDC: \$0) "Houston-area Opportunities for Undergraduate Student Training in Obesity & Nutrition (HOUSTON) Academy" (PI: Hernandez, D. C.) United States Department of Agriculture	2017-2021
Principal Investigator Zurvita Zeal for Life Ingredient Literary Review University of Houston (DC: \$15,000; IDC: \$0)	2015
Principal Investigator Teaching Innovation Program Joint Undergraduate Mentorship Program "JUMP" University of Houston (DC: \$23,500, IDC: \$0)	2014-2015

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Co-Investigator 2012-2013
Faculty Development Initiative Program
University of Houston
(DC: \$11,800, IDC: \$0)

AWARDS & HONORS

Ross M. Lence Award for Teaching Excellence 2016-2017
College of Liberal Arts and Social Sciences
University of Houston

Featured on University of Houston Trading Card 2016-2017
University of Houston

Teaching Excellence Award 2015-2016
Instructor/Clinical Category

Outstanding Dietetic Educator Award for the state of Texas 2015-2016
Texas Academy of Nutrition and Dietetics

Recognized Young Dietitian of the Year 2008-2009
Houston Academy of Nutrition and Dietetics

TEACHING & PROFESSIONAL EXPERIENCE

Director, Didactic Program in Dietetics 2011-present
Dietetic Internship Coordinator
Clinical Assistant Professor
Department of Health and Human Performance
University of Houston
Houston, TX

Undergraduate courses taught with accompanying curriculum development:

NUTR 3101- Dietetics as a Profession (class size: 45)
NUTR 3336- Nutrition Pathophysiology (class size: 100)
NUTR 4333- Medical Nutrition Therapy- Cardiovascular (class size: 70)
NUTR 4347- Medical Nutrition Therapy- Metabolic (class size: 90)

Undergraduate mentoring and student advising: approximately 50 students per semester

Dietetic internship mentoring and intern advising: 10 interns per internship class, 20 per year

Lecturer 2009-2011
Department of Health and Human Performance
University of Houston
Houston, TX

Undergraduate courses taught with accompanying curriculum development:

NUTR 2332- Introduction to Nutrition (class size: 150)
NUTR 3320- Seminar in Nutrition Research (class size: 45)
NUTR 3334- Advanced Nutrition (class size: 150)
NUTR 3336- Nutrition Pathophysiology (class size: 100)
NUTR 4333- Medical Nutrition Therapy- Cardiovascular (class size: 70)

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NUTR 4339- Sports Nutrition (class size: 100)

NUTR 4347- Medical Nutrition Therapy- Metabolic (class size: 90)

NUTR 4396- Gerontology and Nutrition (class size: 150)

Undergraduate mentoring and student advising: approximately 50 students per semester

Dietetic internship mentoring and intern advising: 12 interns per internship class, over 20 per year

Adjunct Lecturer

2006-2009

Department of Health and Human Performance

University of Houston

Houston, TX

Undergraduate courses taught with accompanying curriculum development:

NUTR 2332- Introduction to Nutrition (class size: 150)

NUTR 3320- Seminar in Nutrition Research (class size: 45)

NUTR 3334- Advanced Nutrition (class size: 150)

NUTR 3336- Nutrition Pathophysiology (class size: 100)

NUTR 4333- Medical Nutrition Therapy- Cardiovascular (class size: 70)

NUTR 4339- Sports Nutrition (class size: 100)

NUTR 4347- Medical Nutrition Therapy- Metabolic (class size: 90)

NUTR 4396- Gerontology and Nutrition (class size: 150)

Diabetes Educator

2008-2011

Memorial Hermann Katy Hospital

Katy, TX

Clinical Nutrition Specialist

2007-2009

Methodist Hospital

Sugar Land, TX

Senior Account Executive

2003-2007

BLB Consulting, Inc.

Houston, TX

Dietetic Intern

2002-2003

Veteran's Affairs Medical Center

Houston, TX

PROFESSIONAL MEMBERSHIPS

Academy of Nutrition and Dietetics

2002-present

Texas Academy of Nutrition and Dietetics

2002-present

Diabetes Care and Education (Dietetic Practice Group)

2008-present

Nutrition and Dietetic Educators and Preceptors

2011-present

American Association of Diabetes Educators

2011-present

SERVICE TO THE DEPARTMENT, COLLEGE, & UNIVERISTY

HHP Undergraduate Studies Committee 2012-present
Chair (2014-2016)
Department of Health and Human Performance
University of Houston

CLASS Undergraduate Scholarship Committee 2013-present
College of Liberal Arts and Social Sciences
University of Houston

Dietetic Internship Application Review Committee 2006-present
Department of Health and Human Performance
University of Houston

Profs with Pride 2015-2016
University of Houston

CLASS Undergraduate Studies Committee 2013-2016
College of Liberal Arts and Social Sciences
University of Houston

Tenured Faculty Search Committee 2014-2015
Department of Health and Human Performance
University of Houston

Strategic Planning Committee 2014-2015
Department of Health and Human Performance
University of Houston

Clinical Faculty Search Committee 2013-2014
Department of Health and Human Performance
University of Houston

Student Nutrition Association Faculty Advisor 2009-2012
Nutrition Program
University of Houston

LEADERSHIP & SERVICE TO THE PROFESSION

Vice Chair, Chair, Past Chair 2017-2020
Nutrition and Dietetic Educators and Preceptors
Academy of Nutrition and Dietetics

Accreditation Site/Program Reviewer 2013-present
Accreditation Council for Education in Nutrition and Dietetics (ACEND)
Academy of Nutrition and Dietetics

Advisory Board Member 2011-2015
Diabetes Education Program
Memorial Hermann Katy Hospital

Distance Dietetic Internship Application Task Force Member 2013
Nutrition and Dietetic Educators and Preceptors
Academy of Nutrition and Dietetics

Regional Director 2011-2014
Nutrition and Dietetic Educators and Preceptors
Academy of Nutrition and Dietetics

MENTORSHIP & STUDENT ACHEIVEMENTS

Supervised Practice Dietetic Internship Match & Placement

Spring 2017

University of Houston: Kayla Cueva, Telma Moreira, Courtney Ryan, Ana Smith, Lisa Wartenberg, Taylor Wilson
Aramark: Janet Van
Lamar University: Travis Finigan
Lenior-Rhyne University: Thao Vo
Louisiana Tech University: Hannah Crawford
Marywood University: Deema Abdoh
Sam Houston State University: Kristina Cunning, Rachel Jones
Texas Woman's University: Ali Ummia
Universidad de Puerto Rico: Monica Cueva
University of Texas Medical Branch Galveston: Jennifer Cleveland, Maria Garcia

Fall 2016

University of Houston: Valeria Christensan, Lauren Dotter, Julia Lindgren, Marla Ramos, Rebecca O'Brien, Hailey Uckert, Eva Weston, Arturo Zaldana
Florida Hospital University: Julianna Ruiz
Wellness Workdays: Joshua Mei, Allyson N. Serna

Spring 2016

University of Houston: Karen Adewale, Amanda Baker, BreAnn Jackson, Brittany Link, Anna Kaplan, Jenna McManus, Amanda Rose, Michael Shelby
Andrews University: Darrine Abouchelleih
Aramark: Alisha Mukadam
Lamar University: Danielle Grego
Life University: Taylor Moree
McNeese University: Christopher Braunsdorf
Michael E. Debakey Veteran's Affairs Hospital: Erin Toth
Nutrition Ink: Yu-yen Lee
Sam Houston State University: Taylor Burnett
Southern University Baton Rouge A&M: Michelle Wo

Stephen F. Austin University: Lindsay R. Hetzel
Texas Woman's University: Valerie Costanza, Jennifer Dinh, Fatima Ellahi
University of Arkansas Veteran's Healthcare System: Hannah Burch
University of Texas Medical Branch Galveston: Julia Newsom

Fall 2015

University of Houston: Katherine Benavides, Denny Dao, Sarah Kennedy, Juhina Farooki, Christina Garaghty, Danielle Johnson, Elizabeth Orellana, Stephanie Phillips, Rebecca Qian, Cathrine Reed, Michelle Shin, Cheryl Woolf

Spring 2015

University of Houston: Maged Ayyad, Marite Domeneche, Starla Garcia, Ngan Ly, Sarah "Sally" Stinson, Kaly Vaughn
Marywood University: Grace Otum
Michael E. Debakey Veteran's Affairs Hospital: Lindsey Hieb
Stephen F. Austin University: Krystina Kram
Texas A & M University: Betsy Ramirez
Texas Woman's University: Bridgette Budion, Allyson Camp, Kelly Haney, Saadiya Rehman, Amber Schnautz
Tulane University: Christopher Le
University of Texas Medical Branch- Galveston: Brandy Rawls
University of Texas School of Public Health: Katie Newsome
Utah State University: Tracy Jiang

Fall 2014

University of Houston: Brittany Alvarado, Melanie Genssler, Paulina Lee, Netro McKay, Chelsey Nelson, Jessica Satter, Regina Salinas Rodriguez
Iowa State University: Jacqueline Hernandez
Sodexo: Denise Palma

Spring 2014

University of Houston: Chanel Love, Constantina Michalopolous
Baptist Hospital San Antonio: Zaharah Mohamed
California State University- Long Beach: Safieh Ajine
Dominican University: Teresa Rivera
Iowa State University: Somia Ghaffar
Lamar University: Diedra Taylor
Prairie View A & M University: Amanda Luviano
Texas Woman's University: Kimberly Hang, Michelle Jozwiak, Franky Lam
University of Delaware: Alexandra Michalopolous
University of Texas Medical Branch- Galveston: Angela Loverde
University of Texas School of Public Health: Leslie Delcid, Tonya Moore, Stefanie Prokopiou
Vanderbilt University: Renee Sattler

Fall 2013

University of Houston:

Maria Anez, Lisa Boyce, Tabbetha Lopez, Ralph Wilkens

Spring 2013

University of Houston: Julia Jerrell, Stacey Paul, Sarah Pioquinto

Prairie View A & M University: Victoria Lee

Texas Woman's University: Rita Carlson-Sadler, Yasseen Hakim, Jamil Seemab, Sameera Rahman, Marina Rivera-Ridens, Danielle Rodriguez, Zain Sanjak

Fall 2012

University of Houston: Susan Alexander, Leann Cook, Hienanh Nguyen, Valeria Niculae, Lindsay Pollino

Texas Woman's University: Sherin Jacob

Spring 2012

University of Houston: Rachel Huisman, Lai Lee, Megan Litterer

Texas Woman's University: Camille Booker, Kristin Kabay, Fatima Tai, Bernadette Valdez, Natalia Yanez

Fall 2011

University of Houston: Simica Deel, Stewart Williams, Nicholas Yonko

**Houston-area Opportunities for Undergraduate Student Training
in Obesity & Nutrition (HOUSTON) Academy**

Summer 2017

Steven Canales, Mallory Haynes, Kelly Lemming, Jillian Morales,
Arleen Longoria, Pablo Terradillos Suarez, Nubia Tobar, Abraham Vicuna,
Fatema Shipchandler

PRESENTATIONS

“How to be an Exceptional Preceptor”
Clinical Nutrition Departmental Meeting
Harris Health System, Houston TX

February 2017

“How to be an Exceptional Preceptor”
Clinical Nutrition Departmental Meeting
Harris Health System, Houston TX

June 2016

“Recruiting and Maintaining Preceptors”
Area 3 and 4 National Meeting
Nutrition and Dietetic Educators and Preceptors

April 2012

POSTER PRESENTATIONS

Hernandez, D. C., Murillo, R., **Scott, C. W.**, *Reesor, L. (2016, November). *Food insecurity and pre-diabetes among adults: Gender and race/ethnic differences*. Poster presented at the 2016 annual meeting for the American Public Health Association, Denver, Colorado.

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Hernandez, D. C., Murillo, R., **Scott, C. W.** (2016, February). *The Association between Food insecurity and Diabetes: Differences by Sex and Socio-economic Status among Older Adults*. Poster to be presented at the 2016 annual meeting for the American Academy of Health Behavior, Ponte Vedra Beach, FL.

MANUSCRIPTS

Murillo, R., Reesor, L., **Scott, C. W.**, & Hernandez, D. C. (2017). Food insecurity and pre-diabetes in adults: Race/ethnic and sex differences. *American Journal of Health Behavior*, 41 (4), 435-443. DOI: 10.5993/AJHB.41.4.8.

Hernandez, D. C., Murillo, R., Reesor, L., **Scott, C.** (in preparation). Sex differences in the association of food insecurity and diabetes among older adults.

MEDIA

Scott, C. W. Featured in “Funny You Should Ask: Is Breakfast the Most Important Meal of the Day” article for UH Research hand Innovation Magazine.

<http://www.uh.edu/research/news/magazine/2016/articles2/funny-you-should-ask.php>.

August 2016.

Scott, C. W. Featured in “Best Time to Exercise with Type 2 Diabetes” article for WebMD.com. May 2016.

Scott, C. W. Featured in “The Ugly Truth: Here’s What Detox Teas are Really Doing to Your Body” article for Xonecole.com.

<http://xonecole.com/the-ugly-truth-heres-what-detox-teas-are-really-doing-to-your-body/>.

January 2016.

Scott, C. W. Featured in “Reversing Diabetes” article in Absolutely! Katy magazine. June 2011.

Scott, C. W. Featured in television news segment on diabetes for Univision. January 2006.

Scott, C. W. Featured in “La Obesidad” television interview for Univision program “Nuestra Vida”. January 2005.

Scott, C. W. Featured in television news segment on diabetes for Univision. July 2005.

LANGUAGES

Speak, read, and write Spanish fluently